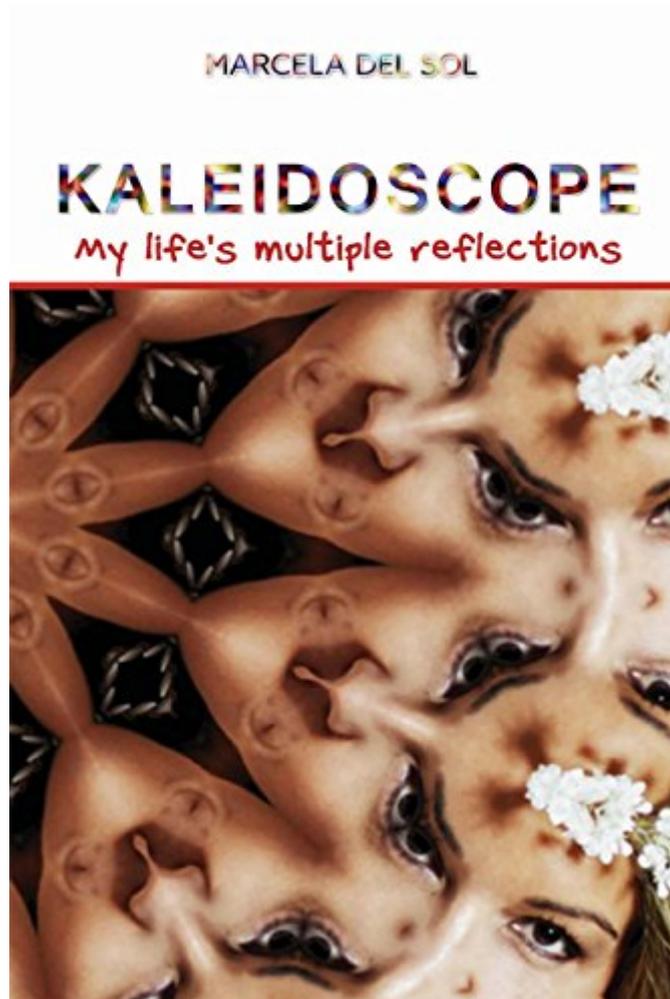


The book was found

Kaleidoscope :My Life's Multiple Reflections



Synopsis

Kaleidoscope is Marcela's Del Sol's first work of fiction; a collection of beautifully written reflections about the life and struggles of a woman co-existing with Post Traumatic Stress Syndrome (PTSD) and Dissociative Identity Syndrome (DID). Marcela Del Sol is an Australian writer, philanthropist and social activist. She moved to Australia from her home country, Chile, as a young adult, and, a few years ago, began to share her physical existence with multiple alters of her character, following a serious car accident. As the incapacitating symptoms of her disorder started to appear in Marcela's daily life, she not only learned how to adapt to living as multiple alters in the same body, but also found the courage to thrive under challenging circumstances. In Kaleidoscope, Marcela shares her own personal coping mechanisms and strategies through the voice of her fictional character, Lucia. Join Lucia and her captivating alters on an extraordinary journey into the mind and heart of a woman who lives with Dissociative Identity Syndrome. The deeply compelling chapters, narrated by the various alters of the author and her main fictional antagonist, reveal much about the strength of the human spirit, and its ability to find a way back from the darkest of places, where everything seems lost.

Book Information

File Size: 1164 KB

Print Length: 182 pages

Simultaneous Device Usage: Unlimited

Publication Date: April 19, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01EJ865P2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #755,375 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #35

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology >

Pathologies > Dissociative Identity #136 in Books > Health, Fitness & Dieting > Mental Health >

Dissociative Disorders #958 in Books > Health, Fitness & Dieting > Mental Health >

Customer Reviews

Kaleidoscope presents the reader with a powerful juxtaposition. A beautifully written and constructed novel that is sensual, romantic and nostalgic. Pair that with some of the darker elements, the actual gritty experiences and abusive treatment. Although the book is riveting and at times hard to get through, those slivers of beauty and hope return to help you digest it. Mental illness and the lasting reverberations of trauma are hard to live with. The main character shows courage and at times an appropriate vulnerability to understand herself. I enjoy female characters who are not two-dimensional or mere stereotypes. This character impressed me. She's flawed, but strong, damaged but steadfast. Further, I've never traveled to Chile and now I must read more about its history and socioeconomic challenges. This book informed and educated me on a country and its people. It has inspired me not only to read more into Chile, but also the effects of PTSD and how it materializes. That being said, you'll be wanting more after you finish it. The book inspires you to look deeper, because it is impeccably told. I highly recommend this novel.

[Download to continue reading...](#)

Kaleidoscope :My Life's Multiple Reflections Unix Shell Programming (Kaleidoscope) Origami Paper - Kaleidoscope Patterns - 6" - 96 Sheets: (Tuttle Origami Paper) Kaleidoscope: A directory of links to popular websites Love is in the Earth: A Kaleidoscope of Crystals - The Reference Book Describing the Metaphysical Properties of the Mineral Kingdom Pilgrim Wheels: Reflections of a Cyclist Crossing America (Cycling Reflections Book 1) The Easy Way to Host Multiple Websites on EC2: A complete step-by-step recipe for launching and hosting multiple websites on a single EC2 instance Multiple Sclerosis: Simple Changes to Help You Manage Your Multiple Sclerosis Deep Thoughts of Inner Self: What Is Multiple Personality Disorder, How to Tell if You Have Multiple Personality Disorder or Dissociative Identity Disorder, Introverts and Extraverts Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) Holy Moly Mackeroly! Reflections on the Business of Art and the Art of Life Meatballs and Matzah Balls: Recipes and Reflections from a Jewish and Italian Life My Marathon:Â Reflections on a Gold Medal Life A Soprano on Her Head: Right-Side-Up Reflections on Life and Other Performances How to Write a Suicide Note: Serial Essays That Saved a Woman's Life (Reflections of America) How We Die: Reflections of Life's Final Chapter, New Edition Life's Daily Blessings: Inspiring Reflections on Gratitude and Joy for Every Day, Based on Jewish Wisdom The White Light of Grace: Reflections on the Life of a Spiritual

Intuitive In Love with Life: Reflections on Friedrich Nietzsche's Thus Spake Zarathustra Come as You Are: Reflections on the Revelations of Everyday Life

[Dmca](#)